

Lockdown Bible Study

## **New Birth Realities**

Session One: Introduction: **The NEW Man**

### **Jesus is the Light of the World**

John 8:12 New King James Version (NKJV)

12 Then Jesus spoke to them again, saying, “**I am the light of the world.** He who follows Me shall not walk in darkness, but **have the light of life.**”

John 9:4-5 New King James Version (NKJV)

4 I must work the works of Him who sent Me while it is day; *the* night is coming when no one can work. 5 **As long as I am in the world, I am the light of the world.**”

### **We are the Light of the World**

Matthew 5:13-16 New King James Version (NKJV)

Believers Are Salt and Light

13 “You are the salt of the earth; but if the salt loses its flavor, how shall it be seasoned? It is then good for nothing but to be thrown out and trampled underfoot by men. 14 “**You are the light of the world.** A city that is set on a hill cannot be hidden. 15 Nor do they light a lamp and put it under a basket, but on a lampstand, and it gives **light to all** *who are* in the house. 16 **Let your light so shine before men, that they may see your good works and glorify your Father in heaven.**

### **We are new creations in Christ**

2 Corinthians 5:17 New King James Version (NKJV)

17 Therefore, if anyone *is* in Christ, **he is a new creation**; old things have passed away; behold, **all things have become new.**

The **old things of how you were and how you acted have passed away** and are **no longer part of your life/being.** Now we are to look at and consider that **all things that are in you and of you are brand new.** That means that **they were not there before you were born again.**

2 Corinthians 5:18 New King James Version (NKJV)

18 Now **all things are of God, who has reconciled us to Himself through Jesus Christ,** and has **given us the ministry of reconciliation.**

This verse tells us that **the new things that were put in us at our new birth were not of ourselves but were created by God and put in us, making us brand new.** Now **everything in us is of God, by God and from God.**

Nothing that is in you is old and of the old sinful nature anymore, it is all from God. God himself reconciled us back to Himself through Jesus Christ and it was God Himself that has (past tense) already given us to the same ministry that Jesus had which was to reconcile men back to union with God.

2 Corinthians 5:19 New King James Version (NKJV)

19 that is, that **God was in Christ reconciling the world to Himself**, not imputing their trespasses to them, and has **committed to us the word of reconciliation**.

God has (past tense – already done it) committed (assigned, put under our stewardship) the word of reconciliation.

2 Corinthians 5:20 New King James Version (NKJV)

20 Now then, **we are ambassadors for Christ**, as though **God were pleading through us**: we implore *you* **on Christ's behalf, be reconciled to God**.

We are **ambassadors for Christ, messengers and sent ones on an official mission** as legal representatives of Christ, **pleading with men to reconcile themselves back to God**.

2 Corinthians 5:21 New King James Version (NKJV)

21 **For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him**.

God reconciled us back to Himself through the substitution of Christ for us. Christ became what we were so that we might become what He was. Hallelujah – Now our righteousness is of Him and has nothing to do with our efforts!

2 Corinthians 6:1 New King James Version (NKJV)

**6** We then, *as workers together with Him* also **plead with you not to receive the grace of God in vain**.

We are **workers with God – working in conjunction with Him**, just as Jesus was working in conjunction with the Father so too, **He is working in us and through us**. We are **co-laborers with Christ Jesus**.

The newness of Life in Christ

Ephesians 4:22-24 New King James Version (NKJV)

22 that you **put off, concerning your former conduct, the old man** which grows corrupt according to the deceitful lusts, 23 and **be renewed in the spirit of your mind**, 24 and that you **put on the new man** which was created according to God, in true righteousness and holiness.

Colossians 3:9-10 New King James Version (NKJV)

9 Do not lie to one another, since **you have put off the old man with his deeds**, 10 and have put **on the new man** who is renewed in knowledge according to the image of Him who created him,

Romans 6:4 New King James Version (NKJV)

4 Therefore **we were buried with Him through baptism into death**, that just as Christ was raised from the dead by the glory of the Father, even so **we also should walk in newness of life**.

1 John 4:17 New King James Version (NKJV)

17 Love has been perfected among us in this: that we may have boldness in the day of judgment; because **as He is, so are we in this world**.

The **reason we can have boldness on the day of judgement is because (as He is – so ARE we also)**  
Notice it is not (so shall we become) It is **SO ARE WE!**

**When you were born again you were made complete in Him.** You were **formed in Spirit to be and look and act like Jesus**. Hallelujah

Conclusion:

John 8:12 New King James Version (NKJV)

12 Then Jesus spoke to them again, saying, “**I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life.**”

John 14:12 New King James Version (NKJV)

12 “Most assuredly, I say to you, **he who believes in Me, the works that I do he will do also; and greater works than these he will do**, because I go to My Father.

Don't you think it is time we **start to walk in this newness of life?**

## New Birth Realities

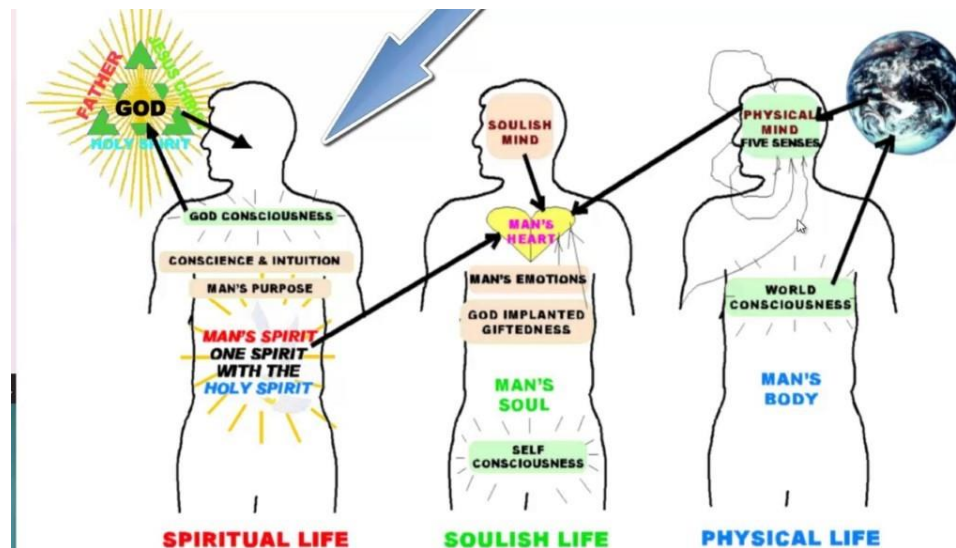
### Session Two: Walk in the Spirit

1 John 4:17 New King James Version (NKJV)

17 Love has been perfected among us in this: that we may have boldness in the day of judgment; because **as He is, so are we in this world.**

### The tripartite nature of man

According to the Bible, mankind is distinct from all the rest of creation, including the animals, in that he is **made in the image of God.** (See **Genesis 1:26-27**) As God is a tripartite (Father, Son and Holy Spirit) so man is three parts (body, soul and spirit).



1 Thessalonians 5:23 New King James Version (NKJV)

Blessing and Admonition

23 Now may the God of peace Himself **sanctify you completely**; and may your whole **spirit, soul, and body** be preserved blameless at the coming of our Lord Jesus Christ.

Man is made up of **physical material**, the body, that can be seen and touched. But he is also made up of **immaterial aspects**, which are intangible, and this includes the soul, spirit, intellect, will, emotions, conscience, and so forth.

- **The Body (Greek, "soma")** This is the entire material or **physical structure** of a human being. It is the physical part of a person. This includes the **5 senses**.

1 Corinthians 6:20 New King James Version (NKJV)

20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

- The Soul (Greek, "psyche") **Genesis 2:7** states that man was created as a "living soul." The soul consists of **the mind/intellect (which includes the conscience), the will and the emotions**. This is the **soulish realm** and includes our **self-awareness or self-consciousness**. This is also the place where our **individual talents and giftedness** reside. The **processor of the human computer** resides here and is called **the heart of man**.

[Proverbs 4:23](#) *New King James Version (NKJV)*

**23** Keep your heart with all diligence, For out of it *spring* the issues of life.

[1 Corinthians 2:14](#) *New King James Version (NKJV)*

**14** But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know *them*, because they are spiritually discerned.

- **The Spirit (Greek "Pneuma")**

Our spirit man joins with the Holy Spirit at new birth and becomes **the place from where God connects with us**. Pneuma is the same word used for "breath" and "wind." **God breathes into us** his life and his Word from this place. (See **2 Timothy 3:16–17**)

This is also called the **inner man**. We live and have our being from this place. Spiritual people live therefore an INWARD LIFE. It is the place of a **God consciousness where we find our purpose and true calling**. **It is also the space from where our intuition operates**.

So, an inward life is a contemplative, meditational, listening, attuned life.

[Romans 7:22](#) *New King James Version (NKJV)*

**22** For I delight in the law of God according to the inward man.

[Ephesians 3:16](#) *New King James Version (NKJV)*

**16** that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man,

[Psalm 51:6](#) *New King James Version (NKJV)*

**6** Behold, You desire truth in the inward parts,  
And in the hidden *part* You will make me to know wisdom.

Spiritual people are **not impressed by the outward appearance** of things. It is Christ within the hope of Glory. (See Col 1:27) It is all about **the inner adornment of the heart** (See 1Pe 3:3-4) Spiritual people have their **inner world ordered and redecored by the Holy Spirit**. (See Gal 5:21-22) (See 1Tim 2:9-10) (See also 1Sa 16:7)

**The Spirit Has Been Recreated**

2 Corinthians 5:17 New King James Version (NKJV)

17 Therefore, if anyone *is* in Christ, **he is a new creation**; old things have passed away; behold, **all things have become new.**

**The Spirit knows God. The Spirit knows the things of God. The Holy Spirit DWELLS within the recreated spirit of the believer.**

**The Mind Must Be Renewed**

Romans 12:1-2 New King James Version (NKJV)

Living Sacrifices to God

**12** I beseech you therefore, brethren, by the mercies of God, that **you present your bodies a living sacrifice**, holy, acceptable to God, *which is* your reasonable service. **2** And **do not be conformed to this world, but be transformed by the renewing of your mind**, that you may prove what *is* that **good and acceptable and perfect will of God.**

**Walk in the Spirit**

Galatians 5:16-17 New King James Version (NKJV)

Walking in the Spirit

**16** I say then: **Walk in the Spirit, and you shall not fulfill the lust of the flesh.** **17** For the flesh lusts against the Spirit, and the Spirit against the flesh; and **these are contrary to one another, so that you do not do the things that you wish.**

Romans 8:1 New King James Version (NKJV)

Free from Indwelling Sin

**8** ***There is* therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.**

Who is it that lives by the flesh?

Romans 8:5-10 New King James Version (NKJV)

**5** For those who **live according to the flesh set their minds on the things of the flesh**, but those ***who live* according to the Spirit, the things of the Spirit.** **6** For **to be carnally minded *is* death, but to be spiritually minded *is* life and peace.** **7** Because **the carnal mind *is* enmity against God**; for it is not subject to the law of God, nor indeed can be. **8** So then, **those who are in the flesh cannot please God.**

**9** But **you are not in the flesh but in the Spirit**, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His. **10** And if **Christ *is* in you, the body *is* dead because of sin, but the Spirit *is* life because of righteousness.**

We do not live according to the flesh! **We are in the Spirit because the Spirit dwells in us. The Spirit is in control. The soul (mind, will and emotion of man) acts as the filter through which the Spirit makes contact with the world.** For this reason, **we put on the new man and now walk in this newness of life.**

If we have not the Holy Spirit, we walk not in the spirit but in the flesh and therefore are unable to please God.

**Man's will, man's intellect and man's emotional world are consistently renewed** through the **washing of the Word** and thus **our will, intellect and emotions unite and conform to what has already been recreated in the spirit of man.** So, **as He is, so are we in this world.**

Some facts about our new identity

- A moral and spiritual change took place – not a physical one. (Gal 4:29; John 3:1-8)
- Our heart, will, motives, desires and conduct are forever altered. (2 Cor 5:17-18)
- A change of masters that took place. (Rom 6:11-23)
- Adoption into God's family took place (Rom 8:14-16; Gal 4:5; Eph 1:5)
- Body, soul and spirit now consecrated to serve God (Col 3:5-10; Gal 5:16-26)
- A change of nature took place (Rom 3:24-25; 2 Cor 5:17; Titus 3:5)
- A change of favor took place – in a new standing before God (Rom 5:1-2; Eph2:1-9)
- A change of character happened (Gal 5:21-22; 1 Cor 13; Rom 3:24-31; 2 Tim 2:21)
- A change of kingdoms occurred (Col 1:13)

Conclusion:

If **our spiritual life began by the Spirit, then all our subsequent life ought to be carried out by the Spirit** too. (See **Galatians 3:1–5**). If it was by **the free and sovereign power of the Spirit that our new spiritual life came into being, then the way that new life should be lived is by that same free and sovereign power.**

“Walk by the Spirit” means **do what you do each day by the Spirit;** live your life in all its details from waking up in the morning until going to sleep at night by the enabling power of the Spirit.

**Apart from the Spirit we are mere flesh.** Paul said in **Romans 7:18**, “I know that in me, that is, in my flesh, dwells **no good thing.**” Apart from the gracious influences of the Holy Spirit, **none** of our inclinations or desires can be holy or good.

So, we learn that **a life lived in the Spirit creates a whole new array of desires and loves and yearnings and longings. When these desires are stronger than the opposing desires of the flesh, then we are “walking by the Spirit.”** “Walking by the Spirit” is something **the Holy Spirit enables us to do by producing in us strong desires that align with God's will.**

Lockdown Bible Study

## New Birth Realities

### Session Three: A Better Covenant

Hebrews 8:6 New King James Version (NKJV)

**6** But now **He has obtained a more excellent ministry**, inasmuch as **He is also Mediator of a better covenant**, which **was established on better promises**.

**Definition:** The Hebrew word (berith) translated 'covenant', literally means: **To cut covenant by shedding of blood**. The Bible is comprised of an **old and a new covenant**.

Without understanding the old covenant, we cannot really fully understand concepts such as grace, justification and sanctification in the new covenant. **Covenant** in both the old and new context **is a deep commitment, a friendship, a contract or legal agreement, a pledge or promise, between two parties and it is a binding oath that is understood to be for life**.

Without a revelation of what this new covenant is, it is nearly impossible to **understand the strength and integrity of God's promises to His children**.

For today's session we will look at the new covenant we entered into with our new birth.

#### THE PROCESS OF COVENANT

1. THEY EXCHANGED CLOTHES – this exchange represented **giving themselves to one another**. In the new covenant **Jesus gives us a robe of righteousness**.

Romans 13:14 New King James Version (NKJV)

**14** But **put on the Lord Jesus Christ**, and make no provision for the flesh, to *fulfill its* lusts.

2. THEY EXCHANGED BELTS - Your belt held your sword & dagger and it symbolized the promise to **defend one another when attacked or threatened**. In the new covenant we read:

Romans 8:31 New King James Version (NKJV)

**31** What then shall we say to these things? **If God is for us, who can be against us?**

3. THEY CUT COVENANT - The two parties **cut an animal in halve** - head to tail. They then **walk in a figure 8 between the two pieces**. As they **meet in the middle, they face one another**. With a wall of blood around them, **they proclaim to one another, just as the animal died, so we die to our rights and privileges** - I **give up my life to share it with you**. Then a **solemn vow is made saying: If we break this covenant may God do to us as we did to this animal**.

Understandably; this covenant was **not easily or lightly broken!**

SEE THE PICTURE: They **stand in the midst of death, blood on each side**. They are **dying to their past life and starting a new life, a new relationship together - faithful to death**. The ones needs are now the others concern and the ones blessings are the others and vice versa.



This is **exactly what happened at Calvary - God cuts the new covenant with mankind and we partake of this new covenant through the new birth.**

4. THEY SEALED THE COVENANT. They **cut their wrist or palm and held it together** while making their vows. **Their blood flowed together and they become blood brothers.**

[Ephesians 1:13](#) New King James Version (NKJV)

**13** In Him you also *trusted*, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, **you were sealed with the Holy Spirit of promise,**

5. THEY EXCHANGED NAMES. Like Hilana took on my surname when we married, those who enter into covenant **take each other's name.** Even children, born and unborn are included. **When born again we take on,** in the same way **the name of Jesus.** We become **Christians or followers of Christ** bearers of His name.

6. THEY GAVE THE TERMS OF THE COVENANT -

In the presence of witness - all the blessings were stated, details of both parties' assets, possessions and abilities - to help when in need.

7. THEY ATE A COVENANT MEAL TOGETHER -

They took a loaf of bread, broke in two and ate it, symbolizing **the two becoming part of one another.** They then would drink a cup of wine – representing **their lives becoming one together.**

Today we have communion together:

[Matthew 26:26-28](#) New King James Version (NKJV)

Jesus Institutes the Lord's Supper

**26** And as they were eating, Jesus took bread, blessed and broke *it*, and gave *it* to the disciples and said, **"Take, eat; this is My body."** **27** Then **He took the cup, and gave thanks, and gave *it* to them, saying, "Drink from it, all of you. **28** For **this is My blood of the new covenant,** which is shed for many **for the remission of sins.****

[Luke 22:19-20](#) New King James Version (NKJV)

**19** And He took bread, gave thanks and broke *it*, and gave *it* to them, saying, **"This is My body which is given for you; do this in remembrance of Me."** **20** Likewise He also *took* the cup after supper, saying, **"This cup *is* the new covenant in My blood, which is shed for you.**

THIS ACT CONCLUDED THE CUTTING OF THE COVENANT! Hallelujah

**The New Covenant Realities:**

[Jeremiah 31:33-34](#) New King James Version (NKJV)

**33** But this *is* the covenant that I will make with the house of Israel after those days, says the LORD: **I will put My law in their minds, and write it on their hearts; and I will be their God, and**

**they shall be My people. 34** No more shall every man teach his neighbor, and every man his brother, saying, 'Know the LORD,' for they all shall know Me, from the least of them to the greatest of them, says the LORD. For **I will forgive their iniquity, and their sin I will remember no more."**

**Note that God says; their iniquity, and their sin I will remember no more."** By saying this, He is saying that **the day of atonement each year will no longer be necessary. There will be a sin offering to end all sin offerings - a day of atonement to end all days of atonement!**

**Jesus is touched with the feelings of our infirmities**

When Jesus came to earth - **He came in the ministry of the High Priest** - He **laid aside His garment of glory and took on humanity** - He looked like other people, He knew hunger and temptation. **That is why He is able to understand how we feel.**

**Our Substitute**

**Because we have sinned - we are IN DEBT (Rom 6;23) God took initiative and covenanted to pay our debt. Jesus' blood paid the price in full.** God laid our sin on Jesus and **He died as our SUBSTITUTE.** (Isa. 53;5-6)

When **He rose again, He took the sin offering into God's presence** in heaven itself.

**Seated at the Right Hand of God**

When **His redeeming work was completed - sin had been wiped out and atoned for** by His own blood and He **SAT DOWN** at the right hand of God.

[Hebrews 10:14 New King James Version \(NKJV\)](#)

**14** For by one offering He has perfected forever those who are being sanctified.

**What a wonderful new covenant we are part of.**